



**Southern Boone  
R-1 School  
District  
PRIMARY AND  
ELEMENTARY  
BREAKFAST &  
LUNCH**

# MARCH 2010



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>1 Chicken Strips,</b> Hot Buttered Pasta, Fruit Cup, Chocolate Cookie, Milk <b>2 Turkey Club,</b> Hot Buttered Pasta, Fruit Cup, Chocolate Cookie, Milk <b>3 Chef Salad,</b> Crackers, Fruit Cup, Chocolate Cookie, Milk	<b>2</b> <b>1 Opaa! Turkey Noodle Soup,</b> 1/2 PBJ sandwich, Side Salad, Cinn. Apples, Pudding w/sprinkles, Milk <b>2 Cheeseburger,</b> Side Salad, Cinn. Apples, Pudding w/sprinkles, Milk <b>3 Chef Salad,</b> Crackers, Cinn. Apples, Pudding w/sprinkles, Milk	<b>3</b> <b>1 Chicken Patty,</b> Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk <b>2 Roast Turkey,</b> Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk <b>3 Italian Chef Salad,</b> Opaa! Hot Roll, Fresh Fruit, Milk	<b>4</b> <b>1 Spaghetti/Meat Sauce,</b> Italian Bread, Side Salad, Orange Smiles, Cinnamon Delight Cookie, Milk <b>2 Grilled Cheese,</b> Side Salad, Orange Smiles, Cinnamon Delight Cookie, Milk <b>3 Chef Salad,</b> Italian Bread, Orange Smiles, Cinnamon Delight Cookie, Milk	<b>5</b> <b>1 Signature Cheese Pizza,</b> Crunchy Veggies w/dip, Fresh Fruit, Chocolate Chip Bar, Milk <b>2 Fish on Bun,</b> Crunchy Veggies w/dip, Fresh Fruit, Chocolate Chip Bar, Milk <b>3 Turkey Chef Salad,</b> Crackers, Fresh Fruit, Chocolate Chip Bar, Milk
<b>8</b> <b>1 Chicken Nuggets,</b> Seasoned Fries, Fresh Fruit, Rainbow Cake, Milk <b>2 PBJ Sandwich,</b> Seasoned Fries, Fresh Fruit, Rainbow Cake, Milk <b>3 Turkey Chef Salad,</b> Crackers, Fresh Fruit, Rainbow Cake, Milk	<b>9</b> <b>1 Mac &amp; Cheese,</b> Italian Bread, Pineapple/Mandarin Cup, Steamed Peas, Oatmeal Cookie, Milk <b>2 Mozzarella Dunkers,</b> Pineapple/Mandarin Cup, Steamed Peas, Oatmeal Cookie, Milk <b>3 Chef Salad,</b> Italian Bread, Pineapple/Mandarin Cup, Oatmeal Cookie, Milk	<b>10</b> <b>1 Chicken Patty,</b> Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk <b>2 Meatloaf,</b> Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk <b>3 Italian Chef, Opaa! Hot Roll, Tropical Fruit, Milk</b>	<b>11</b> <b>1 Ham &amp; Cheddar Calzone,</b> Pasta Salad, Chilled Fruit, Amish Cookie, Milk <b>2 Corn Dog,</b> Pasta Salad, Chilled Fruit, Amish Cookie, Milk <b>3 Chef Salad,</b> Crackers, Chilled Fruit, Amish Cookie, Milk	<b>12</b> <b>1 Tony's Cheese Pizza,</b> Side Salad, Orange Smiles, Jello Cup, Milk <b>2 Southwest Chicken Wrap,</b> Side Salad, Orange Smiles, Jello Cup, Milk <b>3 Italian Chef Salad,</b> Crackers, Orange Smiles, Jello Cup, Milk
<b>15</b> <b>1 Super Nachos,</b> Seasoned Corn, Rosy Applesauce, Cowboy Cookie, Milk <b>2 Hot Diggety Dog,</b> Seasoned Corn, Rosy Applesauce, Cowboy Cookie, Milk <b>3 Popcorn Chicken Chef,</b> Crackers, Rosy Applesauce, Cowboy Cookie, Milk	<b>16</b> <b>1 Spaghetti w/ Meat Sauce,</b> Italian Bread, Glazed Carrots, Fresh Fruit, Choc. Cookie, Milk <b>2 PBJ Sandwich,</b> Glazed Carrots, Fresh Fruit, Choc. Cookie, Milk <b>3 Chef Salad,</b> Italian Bread, Fresh Fruit, Choc. Cookie, Milk	<b>17</b> <b>1 Chicken Patty,</b> Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk <b>2 Roast Turkey,</b> Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk <b>3 Italian Chef Salad,</b> Opaa! Hot Roll, Fresh Fruit, Milk	<b>18</b> <b>1 Cheeseburger,</b> Baked Beans, Tropical Fruit, Choc. Chip Cookie, Milk <b>2 Deli Sub Sandwich,</b> Baked Beans, Tropical Fruit, Choc. Chip Cookie, Milk <b>3 Chef Salad,</b> Opaa! Hot Roll, Crunchy Veggies, Tropical Fruit, Choc. Chip Cookie, Milk	<b>19</b> <b>1 Signature Pizza,</b> Side Salad, Orange Smiles, Wacky Cake, Milk <b>2 Three Cheese Grilled Cheese,</b> Side Salad, Orange Smiles, Wacky Cake, Milk <b>3 Turkey Chef Salad,</b> Crackers, Orange Smiles, Wacky Cake, Milk
<b>22</b> <b>1 Chicken Strips,</b> Seasoned Fries, Chilled Fruit, Rainbow Cake, Milk <b>2 Stromboli,</b> Seasoned Fries, Chilled Fruit, Rainbow Cake, Milk <b>3 Chicken Fajita Chef,</b> Crackers, Chilled Fruit, Rainbow Cake, Milk	<b>23</b> <b>1 Pig 'n' Blanket,</b> Super Side Salad, Chilled Fruit, PB Choc. Chip Cookie, Milk <b>2 BBQ Pork,</b> Super Side Salad, Chilled Fruit, PB Choc. Chip Cookie, Milk <b>3 Chef Salad,</b> Crackers, Chilled Fruit, PB Choc. Chip Cookie, Milk	<b>24</b> <b>1 Chicken Patty,</b> Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk <b>2 Roast Turkey,</b> Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk <b>3 Italian Chef Salad,</b> Opaa! Hot Roll, Tropical Fruit, Milk	<b>25</b> Breakfast for Lunch! <b>1 French Toast Sticks,</b> Sausage Patty, Potato Rounds, Fresh Fruit, Milk <b>2 Biscuit &amp; Gravy,</b> Sausage Patty, Potato Rounds, Fresh Fruit, Milk <b>3 Chef Salad,</b> Fruit Muffin, Fresh Fruit, Cinnamon Delight Cookie, Milk	<b>26</b> <b>1 Chili w/1/2 PBJ sandwich,</b> Fresh veggies w/dip, Chilled Fruit, Cowboy Cookie, Milk <b>2 Signature Pizza,</b> Fresh Veggies w/dip, Chilled Fruit, Cowboy Cookie, Milk <b>3 Italian Chef, Crackers, Chilled Fruit, Cowboy Cookie, Milk</b>
<b>29</b>  ENJOY YOUR SPRING BREAK!!	<b>30</b>	<b>31</b>	<b>31</b>  EAGLE PRIDE LUNCH OFFERED AS 4TH CHOICE EVERY FRIDAY....PBJ AND SIDES!!!!	

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**Our Menus meet USDA guidelines  
for calories, fat, saturated fat,  
protein, calcium, iron, and  
vitamins A and C.**

**Milk Served Daily:**  
1%, Skim, & Chocolate Skim

*Menus are subject to Change*



Our Mission: "Make Their Day"  
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