



Southern Boone
R-I School
District
HIGH SCHOOL
BREAKFAST &
LUNCH

MARCH 2010



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Spicy Popcorn Chicken, Hot Buttered Pasta, Fruit Cup, Chocolate Cookie, Milk 2 Turkey Club, Hot Buttered Pasta, Fruit Cup, Chocolate Cookie, Milk 3 Hot Ham and Cheese	1 Opaa! Turkey Noodle Soup, 1/2 PBJ sandwich, Side Salad, Cinn. Apples, Pudding w/sprinkles, Milk 2 Cheeseburger, Side Salad, Cinn. Apples, Pudding w/sprinkles, Milk 3 Crispy Chicken Strips	1 Chicken Patty, Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk 2 Roast Turkey, Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk 3 Pork Fritter	1 Spaghetti/Meat Sauce, Italian Bread, Side Salad, Orange Smiles, Cinnamon Delight Cookie, Milk 2 Grilled Cheese, Side Salad, Orange Smiles, Cinnamon Delight Cookie, Milk 3 Loaded Baked Potato	1 Signature Cheese Pizza, Crunchy Veggies w/dip, Fresh Fruit, Chocolate Chip Bar, Milk 2 Fish on Bun, Crunchy Veggies w/dip, Fresh Fruit, Chocolate Chip Bar, Milk 3 Corndog
1 Chicken Nuggets, Seasoned Fries, Fresh Fruit, Rainbow Cake, Milk 2 Turkey Club Sandwich, Seasoned Fries, Fresh Fruit, Rainbow Cake, Milk 3 Cheeseburger	1 Mac & Cheese, Italian Bread, Pineapple/Mandarin Cup, Steamed Peas, Oatmeal Cookie, Milk 2 Mozzarella Dunkers, Pineapple/Mandarin Cup, Steamed Peas, Oatmeal Cookie, Milk 3 Popcorn Chicken	1 Chicken Patty, Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk 2 Meatloaf, Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk 3 Salisbury Steak	1 Ham & Cheddar Calzone, Pasta Salad, Chilled Fruit, Amish Cookie, Milk 2 Corn Dog, Pasta Salad, Chilled Fruit, Amish Cookie, Milk 3 Broccoli Cheese Soup	1 Homemade Pizza, Side Salad, Orange Smiles, Jello Cup, Milk 2 Southwest Turkey Wrap, Side Salad, Orange Smiles, Jello Cup, Milk 3 Grilled Cheese Sandwich
1 Super Nachos, Seasoned Corn, Rosy Applesauce, Cowboy Cookie, Milk 2 Hot Diggety Dog, Seasoned Corn, Rosy Applesauce, Cowboy Cookie, Milk 3 Loaded Baked Potato	1 Lasaagna, Italian Bread, Glazed Carrots, Fresh Fruit, Choc. Cookie, Milk 2 Hot Hame and Cheese, Glazed Carrots, Fresh Fruit, Choc. Cookie, Milk 3 Chili Cheese Dog	1 Chicken Patty, Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk 2 Roast Turkey, Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk 3 Pork Fritter	1 Cheeseburger, Baked Beans, Tropical Fruit, Choc. Chip Cookie, Milk 2 Deli Sub Sandwich, Baked Beans, Tropical Fruit, Choc. Chip Cookie, Milk 3 BBQ Pork Sandwich	1 Signature Pizza, Side Salad, Orange Smiles, Wacky Cake, Milk 2 Three Cheese Grilled Cheese, Side Salad, Orange Smiles, Wacky Cake, Milk 3 Popcorn Chicken
1 Chicken Strips, Seasoned Fries, Chilled Fruit, Rainbow Cake, Milk 2 Stromboli, Seasoned Fries, Chilled Fruit, Rainbow Cake, Milk 3 Turkey Fajita Wrap	1 Corn Dog, Super Side Salad, Chilled Fruit, PB Choc. Chip Cookie, Milk 2 BBQ Pork, Super Side Salad, Chilled Fruit, PB Choc. Chip Cookie, Milk 3 Soft Taco	1 Chicken Patty, Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk 2 Roast Turkey, Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk 3 Salisbury Steak	Breakfast for Lunch! 1 French Toast Sticks, Sausage Patty, Potato Rounds, Fresh Fruit, Milk 2 Biscuit & Gravy, Sausage Patty, Potato Rounds, Fresh Fruit, Milk 3 Deli Sub Sandwich	1 Chili w/1/2 PBJ sandwich, Fresh veggies w/dip, Chilled Fruit, Cowboy Cookie, Milk 2 Signature Pizza, Fresh Veggies w/dip, Chilled Fruit, Cowboy Cookie, Milk 3 Fish Sandwich
29 ENJOY YOUR SPRING BREAK!!	30	31 SALAD BAR OFFERED DAILY....	EAGLE PRIDE LUNCH OFFERED AS 4TH CHOICE EVERY FRIDAY....PBJ AND SIDES!!!!	26

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Our Menus meet USDA guidelines for calories, fat, saturated fat, protein, calcium, iron, and vitamins A and C.

Milk Served Daily:
1%, Skim, & Chocolate Skim

Menus are subject to Change



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