

Smithville R-II School District

September 2010

Welcome Back to a year of great flavors from the kitchen! We look forward to serving some of your favorites!

Thursday, September 2nd

Bacon Turkey Club Croissant

Flakey croissant filled with thinly sliced smoked turkey, cheese, and bacon. Topped with lettuce, tomato, and your choice of fresh vegetables. Served with Baked Potato Salad, Fresh Garden Greens, and Dessert of the Day!

Thursday, September 9th

Opaa! Orchard Salad

Fresh Romaine Lettuce tossed with fresh from the orchard apples, raisins, nuts, and topped with seasoned chicken strips. Served with "Fresh From the Oven Opaa! Whole Grain Hot Rolls" and fresh Apple Cake for dessert!

Thursday, September 16th

King Casserole - New and Delicious

Layers of southwest flavors! Chicken, tortillas, tomatoes, and cheese baked together in a delicious sauce. Served with Fresh Garden Salad, Fresh Fruit, and Dessert of the Day!

Thursday, September 23rd

Ham and Cheddar Quiche!

Delicious and flavorful quiche filled with cheese and ham along with just a hint of fresh vegetables. Served with Italian Favorite Salad, Fresh Fruit, Cheddar Muffins, and Dessert of the Day!

Thursday, September 30th

Baked Potato Bar

Baked potato bar with your choice of topping. Served with Fresh Garden Salad, Fresh Fruit and Dessert of the day!