



**Kennett School  
District #39  
SOUTH  
ELEMENTARY  
BREAKFAST &  
LUNCH**

# DECEMBER 2010



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Take the Challenge! This month we challenge you to take a taste of fresh Pomegranate and Grapefruit. We Challenge you to give these foods a try!</p>		<p><b>1 Chicken Patty</b> Mashed Potatoes w/Gravy Glazed Carrots, Opaa! Hot Roll, Chilled Peaches, Milk</p> <p><b>2 Pork Roast</b> Mashed Potatoes w/Gravy Glazed Carrots, Opaa! Hot Roll, Chilled Peaches, Milk</p>	<p>New Item-Menu Feature! <b>2</b></p> <p><b>1 Homemade Chicken Noodle Soup w/ Snowman Pretzel</b> Garden Salad, Mandarin Oranges, Cowboy Cookie Milk</p> <p><b>2 All American Hot Dog</b> Garden Salad, Mandarin Oranges, Cowboy Cookie Milk</p>	<p><b>3</b></p> <p><b>1 Pita Pizza</b> Garden Fresh Veggies w/dip, Fresh Apple, Rainbow Cake, Milk</p> <p><b>2 Turkey Club Wrap</b> Garden Fresh Veggies w/dip, Fresh Apple, Rainbow Cake, Milk</p>
<p><b>6</b></p> <p><b>1 Pig n' Blanket</b> Oven Fries, Orange Pineapple Mix, Oatmeal Muffin, Milk</p> <p><b>2 BBQ Rib</b> Oven Fries, Orange Pineapple Mix, Oatmeal Muffin, Milk</p>	<p><b>7</b></p> <p><b>1 Hamburger</b> Fresh Garden Salad, Fresh Grapes, Jello, Milk</p> <p><b>2 Super Nacho's</b> Fresh Garden Salad, Fresh Grapes, Jello, Milk</p>	<p><b>8</b></p> <p><b>1 Chicken Patty</b> Mashed Potatoes w/Gravy Mixed Vegetables, Opaa! WG Hot Roll, Dried Cranberries, Milk</p> <p><b>2 Meatloaf</b> Mashed Potatoes w/Gravy Mixed Vegetables, Opaa! WG Hot Roll, Dried Cranberries, Milk</p>	<p><b>9</b></p> <p><b>1 Spaghetti and Meat Sauce</b> w/Italian Bread, Green Beans, Chilled Pears, Fruit Crisp, Milk</p> <p><b>2 Corn Dog</b> Green Beans, Chilled Pears, Fruit Crisp</p>	<p><b>10</b></p> <p><b>1 Gilardi's Pizza</b> Mixed Veggies, Chilled Peaches, PB Monster Cookie, Milk</p> <p><b>2 Ham and Cheese Calzone</b> Mixed Veggies, Chilled Peaches, PB Monster Cookie, Milk</p>
<p><b>13</b></p> <p><b>1 3 Cheese Grilled Cheese</b> Baked Beans, Blushing Pears, Cinnamon Delight Cookie, Milk</p> <p><b>2 BBQ Pork on a Bun</b> Baked Beans, Blushing Pears, Cinnamon Delight Cookie, Milk</p>	<p><b>14</b></p> <p><b>1 Tacos</b> Garden Salad, Fresh Orange Smiles, Whipped Jello, Milk</p> <p><b>2 All American Sub</b> Garden Salad, Fresh Orange Smiles, Whipped Jello, Milk</p>	<p><b>15</b></p> <p><b>1 Roast Turkey</b> Mashed Potatoes w/Gravy Glazed Carrots, Dried Cherries, Opaa! Hot Roll, Milk</p> <p><b>2 Chicken Patty</b> Mashed Potatoes w/Gravy Glazed Carrots, Dried Cherries, Opaa! Hot Roll, Milk</p>	<p><b>16</b></p> <p><b>1 Biscuits and Gravy</b> Sausage, Potato Rounds Fresh Apple Slices, Milk</p> <p><b>2 Trix Yogurt</b> General Mills Frudel Fresh Apple Slices, Milk</p>	<p><b>17</b></p> <p><b>1 Pita Pizza</b> Crunchy Veggies Tropical Fruit, Chocolate Cookie, Milk</p> <p><b>2 Deli Sub</b> Crunchy Veggies Tropical Fruit, Chocolate Cookie, Milk</p>
<p>20</p> <p>MERRY CHRISTMAS!!!</p>	<p>21</p>	<p>22</p>	<p>23</p>	<p>24</p>
<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>31</p>

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**Our Menus meet USDA guidelines for calories, fat, saturated fat, protein, calcium, iron, and vitamins A and C.**  
**Milk Served Daily:**  
1%, Skim, & Chocolate Skim  
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*Menus are subject to Change*



Our Mission: "Make Their Day"  
www.opaatfood.com