



Hallsville R-IV
MIDDLE & HIGH
SCHOOL
BREAKFAST &
LUNCH

MARCH BREAKFAST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 1 Top Your Waffle Day, Fresh Banana, Milk 2 General Mills Cereal, WW Toast & Jelly, Fresh Banana, Milk	2 1 Biscuits & Gravy Sausage Patty, Chilled Juice, Milk 2 General Mills Cereal, Biscuit & Jelly, Chilled Juice, Milk	3 1 Breakfast Pizza, Chilled Fruit, Milk 2 General Mills Cereal, WW Toast & Jelly, Chilled Fruit, Milk	4 1 Opaa! Cinnamon Roll, Trix Yogurt, Chilled Fruit, Milk 2 General Mills Cereal, Opaa! Cinnamon Roll, Chilled Fruit, Milk	5 No School
8 1 Pancake & Sausage/Stick, Fresh Pear, Milk 2 General Mills Cereal, WW Toast & Jelly, Fresh Pear, Milk	9 1 Biscuits & Gravy Sausage Chilled Fruit, Milk 2 General Mills Cereal, Biscuit & Jelly, Chilled Fruit, Milk	10 1 Sausage Biscuit, Fresh Fruit Cup, Milk 2 General Mills Cereal, Biscuit & Jelly, Fresh Fruit Cup, Milk	11 1 Biscuits & Gravy Sausage Chilled Juice, Milk 2 General Mills Cereal, Biscuit & Jelly, Chilled Juice, Milk	12 No School
15 1 Breakfast Pizza, Cinnamon Apples, Milk 2 General Mills Cereal, WW Toast & Jelly, Cinnamon Apples, Milk	16 1 Biscuits & Gravy Sausage, Chilled Fruit, Milk 2 General Mills Cereal, Biscuit & Jelly, Chilled Fruit, Milk	17 1 Oatmeal Trix Yogurt, Chilled Juice, Milk 2 General Mills Cereal, Cinnamon Toast, Chilled Juice, Milk	18 1 Scrambled Eggs, Hash Brown Triangles, Homemade Biscuit & Jelly, Milk 2 General Mills Cereal, Homemade Biscuit & Jelly, Chilled Fruit, Milk	19 1 Biscuit & Gravy, Sausage, Fresh Fruit, Milk 2 General Mills Cereal, Biscuit & Jelly, Fresh Fruit, Milk
22 1 Pancake & Sausage/Stick, Chilled Fruit, Milk 2 General Mills Cereal, WW Toast & Jelly, Chilled Fruit, Milk	23 1 Biscuits & Gravy Sausage, Chilled Fruit, Milk 2 General Mills Cereal, Biscuit & Jelly, Chilled Fruit, Milk	24 1 Waffle Stix, Chilled Juice, Milk 2 General Mills Cereal, WW Toast & Jelly, Chilled Juice, Milk	25 1 Breakfast Quesadilla Fresh Fruit, Milk 2 General Mills Cereal, Biscuit & Jelly, Fresh Fruit, Milk	26 1 Biscuit & Gravy, Sausage Links, Fresh Fruit, Milk 2 General Mills Cereal, Biscuit & Jelly, Fresh Fruit, Milk
29 Spring Break	30	31		



read
play
learn
run
dream

Did you know on any given day, 51% of kids go to school without breakfast? Breakfast is available everyday for each and every student at school. Don't let your child be one of the 51% who start the day without needed nutrition for their day.

Students who eat breakfast earn, on average a letter grade higher in math than kids who don't according to *Pediatrics Magazine*. Students who eat school breakfast have greater gains in standardized test scores and show improvements in math, reading and vocabulary scores. Healthy eating also correlates with fewer trips to the school nurse and less absenteeism. Come into the cafeteria for breakfast during March and give school breakfast a try - we'll have breakfast ready and waiting for you each and every morning!