



Hallsville R-IV
MIDDLE & HIGH
SCHOOL
BREAKFAST &
LUNCH

MARCH 2010



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <ul style="list-style-type: none"> ❶ Chicken Strips, Pasta Salad, Chilled Fruit, Chocolate Cookie, Milk ❷ Turkey Club, Pasta Salad, Chilled Fruit, Chocolate Cookie, Milk ❸ Salad Bar 	<p>2</p> <ul style="list-style-type: none"> ❶ Hamburger, Super Side Salad, Cinn. Apples, Pudding, Milk ❷ Fish on a Bun, Super Side Salad, Cinn. Apples, Pudding, Milk ❸ Salad Bar 	<p>3</p> <ul style="list-style-type: none"> ❶ Chicken Patty, Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk ❷ Roast Turkey, Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk ❸ Salad Bar 	<p>4</p> <ul style="list-style-type: none"> ❶ Spaghetti/Meat Sauce, Italian Bread, Super Side Salad, Orange Smiles, Cinnamon Delight Cookie, Milk ❷ Soft Taco Super Side Salad, Orange Smiles, Cinnamon Delight Cookie, Milk ❸ Salad Bar 	<p>5</p> <p style="text-align: center;">No School</p>
<p>8</p> <ul style="list-style-type: none"> ❶ Spicy Snack-A-Tizers, Seasoned Fries, Fresh Fruit, Sugar Cookie, Milk ❷ Mozzarella Dunkers, Seasoned Fries, Fresh Fruit, Sugar Cookie, Milk ❸ Salad Bar 	<p>9</p> <ul style="list-style-type: none"> ❶ Italian Pasta Italian Bread, Super Side Salad, Apple Wedges, Jello, Milk ❷ Bacon Turkey Club Sub, Super Side Salad, Apple Wedges, Jello, Milk ❸ Salad Bar 	<p>10</p> <ul style="list-style-type: none"> ❶ Chicken Patty, Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk ❷ Meatloaf, Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk ❸ Salad Bar 	<p>11</p> <ul style="list-style-type: none"> ❶ Ham & Cheddar Calzone, Pasta Salad, Peaches, Amish Cookie, Milk ❷ Corn Dog, Pasta Salad, Peaches, Amish Cookie, Milk ❸ Salad Bar 	<p>12</p> <p style="text-align: center;">No School</p>
<p>15</p> <ul style="list-style-type: none"> ❶ Super Nachos, Seasoned Corn, Rosy Applesauce, Cowboy Cookie, Milk ❷ Hot Dog Seasoned Corn, Rosy Applesauce, Cowboy Cookie, Milk ❸ Salad Bar 	<p>16</p> <ul style="list-style-type: none"> ❶ Lasagna, Italian Bread, Super Side Salad, Fresh Apple, Choc. Pudding, Milk ❷ All American Sub, Super Side Salad, Fresh Apple, Choc. Pudding, Milk ❸ Salad Bar 	<p>17</p> <ul style="list-style-type: none"> ❶ Chicken Patty, Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk ❷ Meatloaf, Mashed Potatoes & Gravy, Green Beans, Opaa! Hot Roll, Milk ❸ Salad Bar 	<p>18</p> <ul style="list-style-type: none"> ❶ Hamburger, Baked French Fries, Tropical Fruit, Choc. Chip Cookie, Milk ❷ Catch of the Day Tuna Sandwich, Baked French Fries, Tropical Fruit, Choc. Chip Cookie, Milk ❸ Salad Bar 	<p>19</p> <ul style="list-style-type: none"> ❶ Opaa Pizza, Super Side Salad, Orange Smiles, Monster Cookie, Milk ❷ Grilled Cheese, Super Side Salad, Orange Smiles, Monster Cookie, Milk ❸ Salad Bar
<p>22</p> <ul style="list-style-type: none"> ❶ Spicy Chicken Sandwich, Baked Beans, Chilled Pears, Jello, Milk ❷ Italian Calzone, Baked Beans, Chilled Pears, Jello, Milk ❸ Salad Bar 	<p>23</p> <ul style="list-style-type: none"> ❶ Pig 'n' Blanket, Super Side Salad, Chilled Fruit, PB Choc. Chip Cookie, Milk ❷ Spaghetti w/ Meat Sauce Super Side Salad, Chilled Fruit, PB Choc. Chip Cookie, Milk ❸ Salad Bar 	<p>24</p> <ul style="list-style-type: none"> ❶ Chicken Patty, Mashed Potatoes & Gravy, Mixed Vegetables, Opaa! Hot Roll, Milk ❷ Salisbury Steak, Mashed Potatoes & Gravy, Mixed Vegetables, Opaa! Hot Roll, Milk ❸ Salad Bar 	<p>Breakfast for Lunch! 25</p> <ul style="list-style-type: none"> ❶ French Toast Sticks, Sausage Patty, Potato Rounds, Fresh Apple Wedges, Milk ❷ Biscuit & Gravy, Sausage Patty, Potato Rounds, Fresh Apple Wedges, Milk ❸ Salad Bar 	<p>26</p> <ul style="list-style-type: none"> ❶ Opaa Pizza Super Side Salad, Chilled Fruit, Cowboy Cookie, Milk ❷ Sloppy Joe Super Side Salad, Chilled Fruit, Cowboy Cookie, Milk ❸ Salad Bar
<p>29</p> <p style="text-align: center;">Spring Break</p>	<p>30</p>	<p>31</p>		

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Our Menus meet USDA guidelines for calories, fat, saturated fat, protein, calcium, iron, and vitamins A and C.

Milk Served Daily:
1%, Skim, & Chocolate Skim

Menus are subject to Change



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