



El Dorado Springs  
R-II School  
District  
ELEMENTARY  
K-3RD  
BREAKFAST &  
LUNCH

# DECEMBER 2010



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Take the Challenge! This month we challenge you to take a taste of fresh Pomegranate and Grapefruit. We Challenge you to give these foods a try!</p>		<p>1 <b>Chicken Patty</b> Mashed Potatoes w/Gravy Glazed Carrots, Opaa! Hot Roll, Chilled Peaches, Milk</p> <p>2 <b>Pork Roast</b> Mashed Potatoes w/Gravy Glazed Carrots, Opaa! Hot Roll, Chilled Peaches, Milk</p> <p>3 <b>PB&amp;J Sandwich</b> Glazed Carrots Fresh Fruit Cookie, Milk</p>	<p>New Item-Menu Feature! 2</p> <p>1 <b>Homemade Chicken Noodle Soup w/ Snowman Pretzel</b> Garden Salad, Mandarin Oranges, Cowboy Cookie Milk</p> <p>2 <b>All American Hot Dog</b> Garden Salad, Mandarin Oranges, Cowboy Cookie Milk</p> <p>3 <b>PB&amp;J Sandwich, Salad</b> Mandarin Oranges, Cowboy Cookie, Milk</p>	<p>3</p> <p>1 <b>Pita Pizza</b> Garden Fresh Veggies w/dip, Fresh Apple, Rainbow Cake, Milk</p> <p>2 <b>Turkey Club Wrap</b> Garden Fresh Veggies w/dip, Fresh Apple, Rainbow Cake, Milk</p> <p>3 <b>PB&amp;J Sandwich, Veggies</b> Fresh Apple, Rainbow Cake, Milk</p>
<p>6</p> <p>1 <b>Popcorn Chicken</b> Oven Fries, Orange Pineapple Mix, Oatmeal Muffin, Milk</p> <p>2 <b>BBQ Rib</b> Oven Fries, Orange Pineapple Mix, Oatmeal Muffin, Milk</p> <p>3 <b>PB&amp;J Sandwich, Fries,</b> Orange Pineapple Mix, Oatmeal Muffin, Milk</p>	<p>7</p> <p>1 <b>Hamburger</b> Fresh Garden Salad, Fresh Fruit, Jello, Milk</p> <p>2 <b>Super Nacho's</b> Fresh Garden Salad, Fresh Fruit, Jello, Milk</p> <p>3 <b>PB&amp;J Sandwich, Salad,</b> Fresh Fruit, Jello, Milk</p>	<p>8</p> <p>1 <b>Chicken Patty</b> Mashed Potatoes w/Gravy Mixed Vegetables, Opaa! WG Hot Roll, Dried Cranberries, Milk</p> <p>2 <b>Meatloaf</b> Mashed Potatoes w/Gravy Mixed Vegetables, Opaa! WG Hot Roll, Dried Cranberries, Milk</p> <p>3 <b>PB&amp;J Sandwich</b> Dried Cranberries, Veggies, Cookie Milk</p>	<p>9</p> <p>1 <b>Spaghetti and Meat Sauce</b> w/Italian Bread, Green Beans, Chilled Pears, Fruit Crisp, Milk</p> <p>2 <b>Corn Dog</b> Green Beans, Chilled Pears, Fruit Crisp</p> <p>3 <b>PB&amp;J Sandwich, Green Beans,</b> Chilled Pears, Fruit Crisp, Milk</p>	<p>10</p> <p>Dismiss at 12:40</p> <p>1 <b>Gilardi's Pizza</b> Fresh Garden Veggies w/Dip Chilled Peaches, PB Monster Cookie, Milk</p> <p>2 <b>PB&amp;J Sandwich</b> Fresh Garden Veggies Chilled Peaches Monster Cookie Milk</p>
<p>13</p> <p>1 <b>3 Cheese Grilled Cheese</b> Baked Beans, Blushing Pears, Cinnamon Delight Cookie, Milk</p> <p>2 <b>BBQ Pork on a Bun</b> Baked Beans, Blushing Pears, Cinnamon Delight Cookie, Milk</p> <p>3 <b>PB&amp;J Sandwich, Baked Beans, Blushing Pears, Cinnamon Delight Cookie, Milk</b></p>	<p>14</p> <p>1 <b>Tacos</b> Garden Salad, Fresh Orange Smiles, Whipped Jello, Milk</p> <p>2 <b>All American Sub</b> Garden Salad, Fresh Orange Smiles, Whipped Jello, Milk</p> <p>3 <b>PB&amp;J Sandwich, Salad,</b> Fresh Orange Smiles, Whipped Jello, Milk</p>	<p>15</p> <p>1 <b>Roast Turkey</b> Mashed Potatoes w/Gravy Glazed Carrots, Dried Cherries, Opaa! Hot Roll, Milk</p> <p>2 <b>Chicken Patty</b> Mashed Potatoes w/Gravy Glazed Carrots, Dried Cherries, Opaa! Hot Roll, Milk</p> <p>3 <b>PB&amp;J Sandwich, Carrots,</b> Dried Cherries, Cookie, Milk</p>	<p>16</p> <p>1 <b>Biscuits and Gravy</b> Sausage, Potato Rounds Fresh Apple Slices, Milk</p> <p>2 <b>Trix Yogurt</b> General Mills Frudel Fresh Apple Slices, Milk</p> <p>3 <b>PB&amp;J Sandwich, Potato Rounds</b> Fresh Apple Slices, Fruit Muffin, Milk</p>	<p>17</p> <p>Dismiss at 12:40</p> <p>1 <b>Gilardi's WG Pizza</b> Crunchy Veggies w/ Dip Tropical Fruit, Chocolate Cookie, Milk</p> <p>2 <b>PBJ on Whole Wheat</b> Crunchy Veggies w/ Dip Tropical Fruit, Chocolate Cookie, Milk</p>
<p>20</p> <p>Happy Holidays!</p>	<p>21</p> <p>Happy Holidays!</p>	<p>22</p> <p>Happy Holidays!</p>	<p>23</p> <p>Happy Holidays!</p>	<p>24</p> <p>Happy Holidays!</p>
<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>31</p>

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**Our Menus meet USDA guidelines for calories, fat, saturated fat, protein, calcium, iron, and vitamins A and C.**  
Milk Served Daily:  
1%, Skim, & Chocolate Skim  
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*Menus are subject to Change*



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