



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Take the Extreme Fruit and Vegetable Challenge! This month we challenge you to take a taste of fresh Pomegranates and fresh Grapefruit!</p>		<p><b>1 Chicken Patty</b> 1 Mashed Potatoes w/Gravy Glazed Carrots, Opaa! Hot Roll, Chilled Peaches, Milk</p> <p><b>2 Pork Roast</b> Mashed Potatoes w/Gravy Glazed Carrots, Opaa! Hot Roll, Chilled Peaches, Milk</p> <p><b>3 Salad Bar</b></p>	<p><b>1 Chili Dog</b> 2 Corn Mandarin Oranges, Cowboy Cookie, Milk</p> <p><b>2 Mozzarella Dunkers</b> Corn, Mandarin Oranges, Cowboy Cookie Milk</p> <p><b>3 Salad Bar</b> Pasta Bar</p>	<p><b>1 Pita Pizza</b> 3 Garden Fresh Veggies w/dip, Fresh Apple, Rainbow Cake, Milk</p> <p><b>2 Parmesan Chicken Sandwich</b> Garden Fresh Veggies w/dip, Fresh Apple, Rainbow Cake, Milk</p> <p><b>3 Salad Bar</b> Hamburger Bar</p>
<p><b>1 Chicken Tenders</b> 6 Oven Fries, Orange Pineapple Mix, Oatmeal Muffin, Milk</p> <p><b>2 BBQ Rib</b> Oven Fries, Orange Pineapple Mix, Oatmeal Muffin, Milk</p> <p><b>3 Salad Bar</b> Baked Potato Bar</p>	<p><b>1 Cheeseburger</b> 7 Fresh Garden Salad, Fresh Grapes, Jello, Milk</p> <p><b>2 Super Nacho's</b> Fresh Garden Salad, Fresh Grapes, Jello, Milk</p> <p><b>3 Salad Bar</b></p>	<p><b>1 Chicken Patty</b> 8 Mashed Potatoes w/Gravy Mixed Vegetables, Opaa! WG Hot Roll, Dried Cranberries, Milk</p> <p><b>2 Meatloaf</b> Mashed Potatoes w/Gravy Mixed Vegetables, Opaa! WG Hot Roll, Dried Cranberries, Milk</p> <p><b>3 Salad Bar</b></p>	<p><b>1 Chicken Alfredo w/Italian Bread,</b> 9 Green Beans, Chilled Pears, Fruit Crisp, Milk</p> <p><b>2 Corn Dog</b> Green Beans, Chilled Pears, Fruit Crisp</p> <p><b>3 Salad Bar</b> Breakfast Bar</p>	<p><b>1 Signature Pizza</b> 10 Fresh Garden Veggies w/Dip Chilled Apricots, PB Monster Cookie, Milk</p> <p><b>2 Chicken Noodle Soup W/</b> Grilled Cheese Chilled Apricots, PB Monster Cookie, Milk</p> <p><b>3 Salad Bar</b></p>
<p><b>1 3 Cheese Grilled Cheese</b> 13 Baked Beans, Blushing Pears, Cinnamon Delight Cookie, Milk</p> <p><b>2 BBQ Pork on a Bun</b> Baked Beans, Blushing Pears, Cinnamon Delight Cookie, Milk</p> <p><b>3 Salad Bar</b> Philly Steak Bar</p>	<p><b>1 Tacos</b> 14 Garden Salad, Fresh Orange Smiles, Whipped Jello, Milk</p> <p><b>2 All American Sub</b> Garden Salad, Fresh Orange Smiles, Whipped Jello, Milk</p> <p><b>3 Salad Bar</b> Hot Dog Bar</p>	<p><b>1 Roast Turkey</b> 15 Mashed Potatoes w/Gravy Green Beans, Pumpkin Dessert, Opaa! Hot Roll, Milk</p> <p><b>2 Chicken Patty</b> Mashed Potatoes w/Gravy Green Beans, Pumpkin Dessert, Opaa! Hot Roll, Milk</p> <p><b>3 Salad Bar</b></p>	<p><b>1 Biscuits and Gravy</b> 16 Sausage, Potato Rounds Fresh Apple Slices, Milk</p> <p><b>2 French Toast Sticks</b> Sausage, Potato Rounds Fresh Apple Slices, Milk</p> <p><b>3 Salad Bar</b> Chicken Tender Bar</p>	<p><b>1 Gilardi's WG Pizza</b> 17 Crunchy Veggies w/ Dip Tropical Fruit, Chocolate Cookie, Milk</p> <p><b>2 Spicy Chicken Sandwich</b> Crunchy Veggies w/ Dip Tropical Fruit, Chocolate Cookie, Milk</p> <p><b>3 Salad Bar</b></p>
20	21	22	23	24
27	28	29	30	31

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**Our Menus meet USDA guidelines for calories, fat, saturated fat, protein, calcium, iron, and vitamins A and C.**  
Milk Served Daily:  
1%, Skim, & Chocolate Skim  
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*Menus are subject to Change*



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